

Year 9 Subject Options

Health & Social Care

Qualification: AQA Technical Award in Health and Social Care

Exam Board: AQA

Level of Achievement: GCSE Grades 9 - 1

Subject Content & Key Points

Unit 1: Improving the well-being of an individual: Learners will choose a client and carry out a range of testing techniques to measure and evaluate their health and then produce, implement and review a plan that will aim to make lifestyle changes that could improve their health. They will then review and evaluate the impact this plan has had on their chosen client.

Unit 2: Promoting healthy living: In this unit, learners will research and evaluate existing health promotion campaigns and then plan and deliver their own health promotion campaign. This involves an element of creativity that learners will enjoy, particularly as they will have the freedom to choose the type of materials they produce, from posters or wall displays in schools to promotional videos or radio scripts. At the end, learners will review and evaluate the success of their campaign.

Unit 2: Development through the life stages: This unit covers the stages and patterns of human growth and development, expected development at each life stage, life events, sources of support/services for life events, roles of professionals from the sectors who are involved in supporting life events, definitions of health and well-being, factors influencing health and well-being.

Assessment – How you will get your final grade

Unit 1: Improving the well-being of an individual

- Internally assessed
- 60 marks
- **30% of Technical Award**

Unit 2: Promoting healthy living

- Internally assessed
- 60 marks
- 30% of Technical Award

Unit 3: Development through the life stages

- Written exam: 1 hour 30 minutes
- 80 marks
- 40% of Technical Award

Subject Teachers:

- Ms A Khan
- Ms R Newton
- Ms S Suleman

Useful Links:

websites:

<http://www.aqa.org.uk/subject/s/health-and-social-care/technical-award>

Exam board:

<http://web.aqa.org.uk/>

Student Voice



For more information on this subject speak to

Alisa Khan
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Teacher Voice



For more information on this subject speak to...

Ms A Khan
Ms R Newton
Ms S Suleman