














WEEK 1 MENU

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
MON	Chicken Tikka Masala    Served with Wholegrain Rice and Spiced Cauliflower	Catalan Spiced Bean and Potato Stew   Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger  Served with Baked Garlic and Herb Wedges and Corn on the Cob	Veggie Burger  Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSICS
WED	Roast Chicken and Stuffing Baguette  Served with Roast Potatoes and Roasted Autumn Vegetables	Macaroni Cheese 
	STREET	STREET
THUR	Chicken Katsu   Served with Wholegrain Rice	Korean Glazed Quorn Flatbread  Served with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Quorn Sausage Roll  Served with Chips, Baked Beans and Peas




HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Jacket Potato and toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Sandwich
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap   
Chicken Cesar Wrap   













WEEK 2 MENU

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Chicken Sausage and Mash  Served with Vegetables and Gravy	Vegetarian Sausage and Mash  Served with Vegetables and Gravy
	FEASTIVAL	GLOBAL
TUE	Chilli Beef Cheese Nachos   Served with Salad	Sweet and Sour Vegetables   Served with Wholegrain Rice
	HOT DELI	HOT DELI
WED	Sage and Onion Chicken Rolled Flatbread Served with Roast Potatoes and Gravy	Roasted Rainbow Vegetables with Houmous   Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken and Noodles  Served with Vegetables	Soya Noodles  Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap  Served with Chips, Baked Beans and Peas	Cheese and Onion Bake  Served with Chips, Baked Beans and Peas



HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap   
Chicken Cesar Wrap   
Chicken Cesar Wrap   











WEEK 3 MENU

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03

CHOICE One

CHOICE Two

GRAB & GO options

	STREET	CLASSIC
MON	Spiced Sticky Chicken  Served with Baked Garlic and Herb Wedges, and Mixed Salad	Cheese and Bean Toastie  Served with Baked Garlic and Herb Wedges and Mixed Salad
	PAN ASIAN	PAN ASIAN
TUE	Sweet and Sour Beef Meatballs   Served with Wholegrain Rice and Satay Sweetcorn	Chinese Style Vegetable Wrap  Wholegrain Rice and Sweetcorn
	HOT DELI	HOT DELI
WED	Chicken Sausage Stuffing Baguette  Served with Baked Garlic and Herb Wedges	Sticky BBQ Quorn Pitta  Served with Baked Garlic and Herb Wedges
	GLOBAL	GLOBAL
THUR	Turkey Con Chilli  Served with Wholegrain Rice	Vegetable Tikka Masala Served with Wholegrain Rice
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Goujons  Served with Chips Baked Beans and Peas	Vegetable Tikka Sausage Roll  Served with Chips, Baked Beans and Peas




HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Jacket and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Sandwich
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
CLT Baguette 

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap   
Chicken Cesar Wrap   