

Sport Studies

Qualification: Cambridge National Certificate in

Sport Studies

Exam Board: OCR

Level of Achievement: Level 1/2 Pass, Merit, Distinction

For more information speak

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What will I learn?

You will study three units:

1. Contemporary Issues in Sport (Written exam)

- Understand the issues which affect participation in sport
- Know about the role of sport in promoting values
- Understand the importance of hosting major sporting events
- Know about the role of national governing bodies in sport
- Learn about the different technology used in sport.

2. Performance and Leadership in Sport activities (practical and written assessment)

- Perform in an individual sport. E.g. Badminton
- Perform in a team sport. E.g. Football
- Organising and planning a sports activity session
- Leading a sports activity session
- Review own performance in planning and leading

3. Sport and the Media (written assessment)

- Know how sport is covered across the media
- Understand the positive effects that the media can have on sport
- Understand the negative effects that the media can have on sport

How will I be assessed?

<u>Assessment</u>

- 1 written exam paper (40%)
- Performance and Leadership practical assessment and assignments (40%)
- Sport and the Media assignments (20%)

These marks then convert to a grade

All work is submitted using Microsoft Teams which can be easily accessed from home or on your mobile phone.

Future opportunities

- Vocational qualification in sport. E.g. NVQ, BTEC, OCR Cambridge in Sport
- A Level Physical Education
- Apprenticeship in Sport
- Coaching, leadership & officiating qualifications
- Careers in the Sport industry, including, teacher, coach, personal trainer, sports therapist, physiotherapist, analyst & journalist

